# TARA M. YOUNG

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## **EDUCATION**

**Doctor of Philosophy in Social Psychology** 

ABD, Anticipated Graduation Spring 2019

New Mexico State University (NMSU)

Master of Arts in Social Psychology

Spring 2016

New Mexico State University (NMSU)

**Bachelors of Science in Psychology** 

University of Wisconsin-Eau Claire (UWEC)
Summa Cum Laude

Fall 2013

## **PUBLICATIONS**

- Marks, M. J., Young, T. M., & Zaikman, Y. (*in press*). The sexual double standard in the real world: Evaluations of sexually active friends and acquaintances. *Social Psychology*.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2017). Situational influences on condom purchasing. *Sexuality and Culture*.
- Young, T. M., Chen, J., & Shentu, Z. (2016). Effect of Cursor Orientation on Left and Right Hands Performance. *Proceedings of the Human Factors and Ergonomics Society 60th Annual Meeting*. Washington DC: HFES.
- Zaikman, Y., Marks, M. J., Young, T. M., & Zeiber, J. A. (2016). Gender Role Violations and the Sexual Double Standard. *Journal of Homosexuality*, *63* (12), 1608-1629. doi:10.1080/00918369.2016.1158007
- Young, T. M. & Zaikman, Y., (*under review at Personal Relationships*). The influence of relationship type on the sexual double standard: Evaluations of sexually exclusive and non-exclusive others.

#### RESEARCH INTERESTS

Sexual health decision making The sexual double standard Sexual and romantic fantasies Mating behaviors and strategies Sexual orientation Applied social psychology

## GRANTS, AWARDS, & SCHOLARSHIPS

#### Research Grants

#### **UWEC Faculty/Student Research Collaboration Grant**

**Detection of Sexual Orientation across Ovulation, \$2200** 

2013

Grant to help fund collaborative research for which I was the primary investigator. In addition, this grant funded participant incentives and researchers time.

## UWEC Summer Research Experiences for Undergraduates Grant Mate Preferences across Sexual Orientation, \$2300

2013

Grant to help fund collaborative research for which I was the primary investigator. In addition, this grant funded participant incentives and researchers time.

#### Travel Grants

Awards to help fund registration fee to present at scholarly conferences. I presented research in the form of oral and poster presentations at the Society for Personality and Social Psychology (SPSP) Conference, SPSP Pre-conference, the Society for the Scientific Study of Sexuality Conference, and the Human Behavior and Evolution Society Conference.

#### NMSU Graduate Student Council Conference Travel Grant

1 11/16 Gradatic Stadent Council Conference Travel Grant		
<ul> <li>Impacts of real and perceived endorsement of the sexual double standard on sexual health decision making</li> </ul>	\$200	2018
<ul> <li>How relationship closeness effects the sexual double standard:</li> </ul>		
Evaluations of friends vs. acquaintances based on sexual history	\$200	2018
<ul> <li>Situational Influenced on Condom Purchasing</li> </ul>	\$315	2015
<ul> <li>NMSU Psychology Department Travel Grant</li> <li>Casual vs. Exclusive Promiscuity: The Influence of Relationship Type on the Sexual Double Standard</li> </ul>	\$250	2018

	Type on the Sexual Double Standard	\$250	2018
•	Casual vs. Exclusive Promiscuity: The Influence of Relationship		
	Type on the Sexual Double Standard	\$150	2016
•	Situational Influenced on Condom Purchasing	\$200	2015
•	Mate Preferences across Sexual Orientation	\$250	2015

# NMSU College of Arts and Science Travel Grant Casual vs. Evolutive Promisenity: The Influence of Relationship

Casual vs. Exclusive Promiscuity: The Influence of Relationship		
Type on the Sexual Double Standard	\$500	2017

#### **UWEC Student Travel for the Presentation of Research**

Human Behavior and Evolution Society Conference \$705 2013

Awards NMSU Graduate Tuition Fellowship, \$8,780 A small number of graduate students awarded per year, university wide	2017-2019
NMSU Teaching Academy Most Distinguished Graduate Student Member 1 student awarded per year, university wide	2017
Folz-Lee Excellence in Applied Engineering Psychology Award, NMSU 1-2 graduate students awarded \$500, department wide	2016
Three Minute Thesis Competition 3 <sup>rd</sup> place Award, NMSU 3 graduate students awarded \$250, university wide	2016
Preparing Future Faculty Graduate Assistantship Award, NMSU 15 graduate students awarded per year, university wide	2015
Society for Personality and Social Psychology Diversity Fund Travel Award	2014
Outstanding Senior Award, UWEC 1 of 150 students university wide, chosen by faculty	2013
UWEC Dean's List	2012-2013
Scholarships Americorps Educational Stipend Scholarship, \$1100 Grant for funding student education. I participated in a yearlong Americorps reading intervention internship working with pre-schoolers to earn this scholarship	2012
RESEARCH EXPERIENCE	

#### RESEARCH EXPERIENCE

Graduate Assistant in the following labs:

Michael Marks Relationships, Sexual Behavior, and Attachment Lab

New Mexico State University

Fall 2014-Present

Jing Chen's Applied Human Performance and Decision Making Lab

New Mexico State University

Spring 2016-Fall 2016

Research Assistant in the following labs:

Angela Pirlott's Mating Behaviors among Gay/Lesbian, Bisexual, and Heterosexual Men and Women Lab

University of Wisconsin-Eau Claire

Spring 2013-Summer 2014

Jeff Goodman's Social Psychology Lab: Stigma & Prejudice

University of Wisconsin-Eau Claire

Summer 2013-Summer 2014

#### Tasks across all labs:

- Regularly attend lab and project meetings
- Design independent and collaborative studies
- Mentor peer and undergraduate students
- Collect data in lab and online through Amazon Mechanical Turk
- Program studies in Qualtrics, Survey Monkey, and ePrime
- Analyze data in SPSS and SAS
- Make excel graphs of data
- Write literature reviews and scholarly papers
- Attend and present at conferences

### CONFERENCE PRESENTATIONS

#### Oral Presentations

- Young, T. M. & Marks, M. J. (2018). Examining the sexual double standard in the real world: Evaluations of friends, acquaintances, romantic partners, and relatives based on sexual history. To be presented at The Society for the Scientific Study of Sexuality, Great Debates and Innovations in Sex Research Annual Conference, Montreal, Quebec, Canada.
- Young, T. M. & Marks, M. J., (2018). *Impacts of real and perceived endorsement of the sexual double standard on sexual health decision making*. Presented at the Presented at the Graduate Research and Arts Symposium, Las Cruces, NM.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2017). How relationship closeness effects the sexual double standard: Evaluations of friends vs. acquaintances based on sexual history. Presented at the Graduate Research and Arts Symposium, Las Cruces, NM.
- Young, T. M. & Zaikman, Y.,(2016). Casual vs. exclusive promiscuity: The influence of relationship type on the sexual double standard. Presented at the Society for the Scientific Study of Sexuality Conference, Phoenix, AZ.
- Young, T. M., Chen, J., & Shentu, Z.,(2016). *Effect of cursor orientation on left- and right- hand mouse control.* Presented at the Human Factors and Ergonomics Society Conference, Washington D.C.
- Zaikman, Y., Marks, M. J., Young, T. M., & Zeiber, J. A., (2015). *Gender role violations and the sexual double standard*. Presented at the Society for the Scientific Study of Sexuality Conference, Albuquerque, NM.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2015). *Situational Influences on Condom Purchasing*. Presented at the Graduate Research and Arts Symposium, Las Cruces, NM.

#### Poster Presentations

- Young, T. M. & Marks, M. J. (2019). *Developing and implementing a measurement tool for sexual and romantic fantasies*. To be presented at the Society for Personality and Social Psychology Conference, Portland, OR.
- Young, T. M. & Marks, M. J., (2018). *Impacts of real and perceived endorsement of the sexual double standard on sexual health decision making*. Presented at the Society for Personality and Social Psychology Attitudes Pre-Conference, Atlanta, GA.
- Young, T. M., Marks, M. J., & Zaikman, Y., (2018). How relationship closeness effects the sexual double standard: Evaluations of friends vs. acquaintances based on sexual history. Presented at the Society for Personality and Social Psychology Conference, Atlanta, GA.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2017). *Situational Influences on Condom Purchasing*. Poster presented at the Graduate Student Education Day to the Senate, Santa Fe, NM.
- Young, T. M. & Zaikman, Y.,(2016). Casual vs. exclusive promiscuity: The influence of relationship type on the sexual double standard. Presented at Society for Personality and Social Psychology Conference, San Antonio, TX.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2016). *Barriers and motivators to condom use in a southwest border region vs. an online sample*. Poster presented at the Southwest Institute for Health Disparities Research Conference, Las Cruces, NM.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2015). *Situational Influences on Condom Purchasing*. Poster presented at the Society for the Scientific Study of Sexuality Conference, Albuquerque, NM.
- Young, T. M., Marks, M. J., Zaikman, Y., & Zeiber, J. A., (2015). *Situational Influences on Condom Purchasing*. Poster presented at the Midwestern Psychological Association Conference, Chicago, IL.
- Young, T. M., & Pirlott, A. G. (2015). *Mate Preferences across Sexual Orientations*. Poster presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.
- Young, T. M., & Pirlott, A. G. (2014). *Mate Preferences across Sexual Orientation*. Poster presented at the Midwestern Psychological Association Conference, Chicago, IL.
- Young, T. M., Jeffrey A. Goodman, & Tyler R. Bridges-Parlet (2014). *Detection of Sexual Orientation across Ovulation*. Poster presented at the Midwestern Psychological Association Conference, Chicago, IL.

S 2017

F 2018

- Young, T. M., & Pirlott, A. G. (2014). The sexual interests and perceptions of gay/lesbian and bisexual men and women towards heterosexual, bisexual, and gay/lesbian men and women. Poster presented at the Society for Personality and Social Psychology Conference, Austin, TX.
- Young, T. M., & Pirlott, A. G. (2014). *Mate Preferences across Sexual Orientation*. Poster presented at the Celebration of Excellence in Research and Creative Activity, Eau Claire WI.
- Young, T. M., Jeffrey A. Goodman, & Tyler R. Bridges-Parlet (2014). *Detection of Sexual Orientation across Ovulation*. Poster presented at the Celebration of Excellence in Research and Creative Activity, Eau Claire WI.
- Young, T. M., & Pirlott, A. G. (2013). *Mate Preferences across Sexual Orientation*. Poster presented at Seven Rivers Conference at Viterbo University, La Cross, WI.
- Young, T. M., & Pirlott, A. G. (2013). Ovulation affects lesbian and heterosexual women's sexual attraction to gay and bisexual men. Poster presented at the Human Behavior and Evolution Society Conference, Miami, FL.

## TEACHING AND MENTORING EXPERIENCE

#### **Graduate Instructor**

•	Social Psychology (face-to-face and online)	Summer 2017, Summer 2018
•	Introduction to Psychology	F, 2016, F 2017
•	Guest Lectured in Human Sexual Behavior	F 2016, S 2017, S 2018
•	Co-Taught Social Psychology	S, 2016

# Graduate Teaching Assistant • Health Psychology

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Social Psychology	F 2015, F 2018
Planned and guest lectured 3 class periods	
Introduction to Psychology	F 2014, S 2015
Human Sexual Behavior	S 2015, F 2016, S 2017, S 2018
Planned and guest lectured 4 class periods	
Abnormal Psychology	
Planned and guest lectured 4 class periods	F 2017, S 2018
	Planned and guest lectured 3 class periods Introduction to Psychology Human Sexual Behavior Planned and guest lectured 4 class periods Abnormal Psychology

#### **NMSU Teaching Academy**

• Evolutionary Psychology

•	Served on the	Teaching Academ	y Board for de	eveloping wor	kshops	2018-Present
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- Attended workshops and training on teaching, leadership, and mentoring
- Most Distinguished Graduate Student Member (70 hours) Summer 2016-Spring 2017
- Sustaining Member (20+ hours) Fall 2015-Spring 2016
- Distinguished Member (40+ hours) Fall 2014-Spring 2015
- Quality Matters course (20 hours) Spring 2015

#### **Tutor at University of Wisconsin Academic Skills Center**

Spring 2012-January 2014

Social Psychology Statistics for the Behavioral Sciences

## **TEACHING EVALUATIONS**

**Averaged Scores for 2 sections of Introduction to Psychology:** 

Course	Score out of 5	Instructor	Score out of 5
Course organization	4.54	Instructor enthusiasm	4.70
Course content	4.62	Attitude towards students	4.65
Clarity of course objectives			4.57
Clarity of course syllabus	4.67	Availability during office hours	4.80
Course value	4.04	Fair grading	4.53
Overall course grade	4.48	Would take another course with this instructor	4.40
		Overall instructor grade	4.63

## WORK EXPERIENCE

#### **NMSU Graduate Student Council**

Serving as President

2017-Present

- Represent the graduate student body in committees and at the state level
- Serve on Graduate Council, Faculty Senate, and Student Fee Review Board

Served as Vice President of Activities

2016-2017

- Independently planned and managed several large scale (200+ attendees) graduate student social events (Gradulicious, Graduate Student Cookout)
- Independently planned and managed two large scale (250+ attendees) academic research conferences (Graduate Research and Arts Symposium)
- Served on a variety of campus committees

Served as finance committee member

2014-2016

• Evaluated and approved bills for funding graduate student research and travel expenses to present research

## Marc A. Caplan & Associates

May 2017-Present

Administer and score psychological assessments (WAIS, WISC, WASI, WMS, PAI, Conners, D-KEFS, etc.) as a consultant for private parties, legal representatives, state departments, and physicians.

#### Research Assistant at University of Wisconsin Eau Claire

January 2013-July 2014

Assisted professors with research in the form of idea generation, data collection, data analysis, and paper write up.

#### Resident Assistant at University of Wisconsin Eau Claire

August 2012-December 2013

Provided advising to undergraduate students, developed and conducted programs on diversity, chemical abuse, personal development, and academic performance, attended staff meetings and training regularly, collaborated with staff to enforce university policies.

#### **Americorps Student Literacy Mentor and Classroom Assistant**

October 2011-May 2012

Worked one on one and in groups to help struggling preschoolers with reading and writing. Provided yearlong intensive (30+ hours per week) literacy intervention in classrooms by being available to assist with literacy programs and designed my own literacy intervention programs.

#### SPECIAL SKILLS

SPSS-Intermediate/Advanced skills and knowledge of overall techniques
SAS-Intermediate skills and knowledge of coding and computing knowledge
E-Prime-Intermediate coding, running, and interpretation skills of overall program
Visual Basic-Intermediate coding, running, and interpretation skills of overall program
Matrix Laboratory (Matlab)-Basic coding, running, and interpretation skills of program
Adobe Photoshop-Intermediate skills and knowledge of overall techniques
Adobe Bridge-Intermediate/Advanced skills and knowledge of overall techniques
Media Lab-Running participants
German Language Training-Two years formal training and study abroad experience

## VOLUNTEER EXPERIENCE

#### **Organ Mountain Technical Rescue Squad**

2016-Present

- Board of Directors member (2017-Present)
- Field certified through the state of New Mexico
- Assist in rescue operations and missions in New Mexico
- Stay current in methods and procedures used during search and rescue missions
- Regularly attend monthly business meetings

## **Animal Service Center of the Mesilla Valley**

2014-Present

- Provide care for off-site cats once per week
- Foster injured or sick animals in need of care at my home
- Help write and find grants and funding for the Animal Service Center

# **AFFILIATIONS & MEMBERSHIPS**

Society for the Scientific Study of Sexuality Member	2016-Present
Society for Personality and Social Psychology Member	2013-Present
<b>Human Factors and Ergonomics Society Member</b>	2016-2017
Human Behavior and Evolution Society Member	2013-2015

Psi Chi Member	2012-Present
UWEC Psychology Club	2011-2013
Served as Treasurer and Publicist	
Sigma Sigma Sorority	2012-Present

Served as Membership Recruitment Director in 2013

Order of Omega Greek Honor Society Member 2012-2013

## REFERENCES

## Michael J. Marks, PhD, Associate Professor, New Mexico State University

Psychology Department

Contact: mjmarks@nmsu.edu, (575) 646-1980

### Laura Madson, PhD, Associate Professor, New Mexico State University

Psychology Department

Contact: <u>lmadson@nmsu.edu</u>, (575) 646-6207

## Justin MacDonald, PhD, Associate Professor, New Mexico State University

Psychology Department

Contact: jmacd@nmsu.edu, (575) 646-6223

#### Marc Caplan, PhD, Clinical and Forensic Psychologist, Marc A Caplan & Associates

Contact: psych.caplan@gmail.com, (575) 526-4222

#### Jing Chen, PhD, Assistant Professor, New Mexico State University

**Engineering Psychology Department** 

Contact: j1chen@odu.edu, (757) 683-4242

#### David Trafimow, PhD, Professor, New Mexico State University

Psychology Department

Contact: dtrafimo@nmsu.edu, (575) 646-4023

#### Jeffrey A. Goodman, PhD, Associate Professor, University of Wisconsin-Eau Claire

Psychology Department

Contact: goodmaja@uwec.edu, (715) 836-2215

## Angela G. Pirlott, PhD, Assistant Professor, Saint Xavior University

Psychology Department

Contact: <u>pirlott@sxu.edu</u>, (708) 802-6200